

Where is the operation performed?

Depending upon the extent of the lift the operation is usually performed at the hospital or outpatient surgery center under general anesthesia. If the operation is not extensive, it can also be performed under I.V. sedation.

Where are the incisions placed?

In a thigh lift procedure the incisions are usually placed along the pubic hair crease curving posteriorly toward the buttock fold. Occasionally an incision along the inner aspect of the thigh is performed if there is an extensive amount of skin and fat to be removed. In a buttocks lift the incision is placed in the buttocks fold. A "tuck and roll" procedure is performed to lift the buttocks and give them more projection.

What is the recuperation period?

Like other body surgeries changes of dressings are performed over the first few post operative days. The patient is ambulatory immediately after surgery. Sutures are removed between seven to ten days postoperatively. Progressive physical activity is then allowed.

